

Ridgewood Parks and Recreation presents

Kangoo Kids Bootcamp

Classes Led by certified Kangoo Fitness Instructors, Vic Cabezas and Jax Leone



For ages 7 to 10!

Wednesdays, November 15th through December 20th
(No class on November 22nd)
3:30pm to 4:30pm
\$140/5 classes (\$155 non-residents)
Anne Zusy Youth Lounge, located in Village Hall
131 N. Maple Avenue

GET MOVING AND GROOVING WITH OUR FUN, REBOUND CLASS FOR BEGINNERS! MAKE FRIENDS, BUILD STRONG MUSCLES AND BONES, AND HAVE ONE BIG JUMPING, HEART PUMPING, FAM JAM!!!!

Register at www.ridgewoodnj.net/communitypass or in-person at the Stable, 259 N. Maple Avenue.

Rebound boots are provided with registration fee.
Please provide shoe size and weight for the best
jumping experience by contacting the
Community Center at 201-670-5500 ext 2301